Medicare Part D:

Implications for Individuals with MassHealth/CommonHealth and Medicare



Focus of Today's Presentation

Helping you to choose the Medicare Prescription Drug Plan that is right for you.

Topics to be Covered

- 1. Overview
- 2. Dual eligibility
- 3. Enrollment Considerations
 - A.Coverage formularies
 - B. Cost subsidies
 - C. Convenience location
- 4. Steps to Successful Enrollment
- 5. Exceptions and Appeals

Overview of Medicare Part D

Name of the law: Medicare Prescription Drug Improvement and Modernization Act (MMA) of 2003

- Provides outpatient prescription drug coverage for Medicare recipients
- Dual eligibles will receive medications via Medicare instead of MassHealth.
- All new provisions are effective 1/1/06.

Who Is A "Dual Eligible?"

- A person on <u>Medicare</u>...
 - Senior 'Retirement' OR 'Disability' (SSDI)
- Who also receives "Medicaid"
 - MassHealth Standard
 - MassHealth CommonHealth (MH/CH);
 - Other special MassHealth categories (i.e. frail elders)
 - May or may not have SSI
- Who has been receiving prescription drugs through MassHealth

Medicare Part D Does Not Apply to:

- People with <u>Only</u> SSI & Medicaid (MassHealth or MassHealth CommonHealth).
- 2. People with SSDI in 24 month Medicare waiting period.

Primary Issues for Dual Eligibles

- MassHealth medication coverage* <u>ends</u> on 12/31/05 for 'duals.'
- <u>Required</u> by Part D to get medications via a Medicare Prescription Drug Plan as of 1/1/06.
- Medicare beneficiaries will choose a private plan from many options.
- Enrollment in Medicare Part D: 11/15/05 12/31/05

^{*} For most medications

What about my MassHealth?

• Prescription drug coverage is the only coverage that will change.

Medical coverage will remain the same.

For a Successful Transition

- 1. Evaluate the Plan you've been assigned to.
- 2. Identify and compare other plans and coverage.
- 3. Enroll in a plan: 11/15/05 12/31/05.

The 3 C's of Choosing A Plan

- Coverage
 - Type of plan
 - Formulary design
- Cost
 - Extra Help
 - Cost share
- Convenience
 - Location of pharmacy, network providers (MAPD plans only) and services

Consideration: Coverage

1. Type of Plan

2. Formulary Design

Types of Medicare Plans

PDP

"Original" Medicare

(Fee-For-Service plan)

+

Private Prescription
Drug Plan

MA-PD

Medicare Advantage Prescription Drug

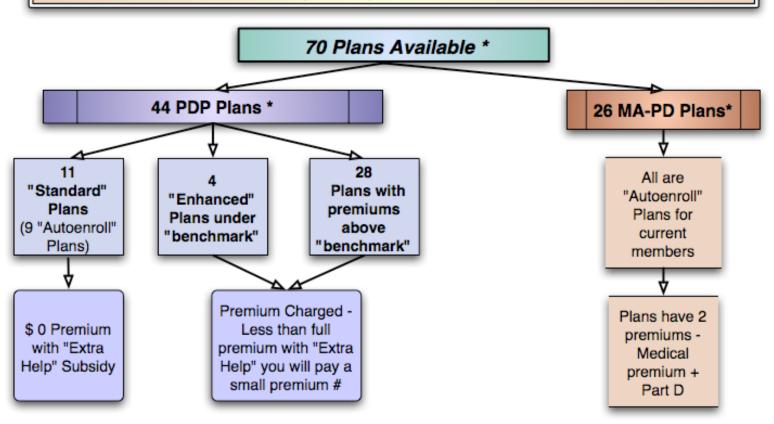
"Integrated Health Care"
HMO, PPO
Medical & Prescription
Drug Coverage

Plan

The Big Picture

Medicare Prescription Drug Plans - Spotlight Massachusetts

24 Private Insurance Companies Are Offering 1 or More Prescription Drug Plans
(e.g. AETNA, Cigna, HPHC, Fallon, BCBS)



^{*} Based on hand count. Stated total is "61" but only 44 actually displayed

DISCLAIMER: FOR GENERAL GUIDANCE USE ONLY. This information was retrieved from the Medicare Plan Finder website at http://www.medicare.gov/MPDPF/Shared/Include/DataSection/Results/Overview.asp#PDP. The author does not guarantee accuracy as information differs and conflicts within the www.medicare.gov website.

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Choosing a Plan - Medications & Formularies

Formulary = Covered drugs listed by "class" and any special rules on cost and coverage.

All Plans will use "formularies" to describe coverage

Antihistamines-Allergy*

CLARINEX

Loratadine

Promethazine

^{*}Retrieved from AdvantraRx Value formulary

Plans: Formulary Rules

- Plans must have minimum of 2 drugs per class for most drug classes.
- Formularies must include "all or substantially all" medications in the following classes:
 - Antidepressants
 - Antipsychotics
 - Anticonvulsants
 - Antiretrovirals (HIV/AIDS)
 - Immunosuppressants
 - Antineoplastics (Cancer)

Formularies: Off-label Use

- "Off-label use" = using a drug for a different purpose than originally approved by the FDA.
 - Plans are not required to approve off-label use.
 - Plans must follow common medical practice.
- CHECK WITH PLAN to find out their policies.

Learning About Plans Formulary Rules

- •Excluded Drugs Will not be in ANY plan :
 - Anorexia, weight loss, or weight gain drugs
 - Fertility drugs
 - Drugs for cosmetic purposes or hair growth
 - Products for symptomatic relief of cough and colds
 - Prescription vitamins and mineral products
 - Except prenatal vitamins and fluoride preparations
 - Non-prescription drugs (O-T-C e.g. Motrin 800 mg)
 - Barbiturates (Phenobarbital)
 - Benzodiazepines (Klonopin, Atavan)

The Good News for Duals

MassHealth will continue covering Barbiturates, Benzodiazepines and other excluded medications for duals.

In order for the excluded drug to qualify:

- MassHealth must already cover it, and
- it is not covered under Medicare Part D

Permissible Formulary Restrictions

- Quantity Limitations (QL) Only permitted to get a certain number (e.g. 10 Ambien per month).
- <u>Prior Approval (PA)</u> Must have permission for use to receive coverage.
- <u>Generic Substitution</u> Generic drug dispensed unless otherwise negotiated.
- <u>"Step Therapy</u>" May be required to start with another drug with a longer/stronger track record.
- Age Must be in an age bracket to get coverage.

Step-Therapy Formulary Example*

Anti-Inflammatories-Arthritis/Pain		
CELEBREX	ST, PA, QL	
Diclofenac		
Etodolac		
Ibuprofen		
Indomethacin		
Ketoprofen		
Naproxen		

^{*}Copied from AdvantraRX Value formulary 10/16/05

Formulary Changes

Plans can change formularies during year:

- After March 2006, with CMS approval.
- Must provide 60 days notice to plan member, physician and pharmacy.
- Allowed to change coverage of specific medications, tier placement, and rules for use (i.e. prior approval).
- Cannot remove drug "class" during year.

Changing Your Plan

- Dual eligibles are allowed to change plans anytime, effective the first day of next month.
- Everyone else can only change plans during open enrollment periods.
 - -First open enrollment is from November 15, 2005 to May 15, 2006.
 - -Open enrollment will generally be from November 15th to December 31st.

The 3 C's of Choosing A Plan

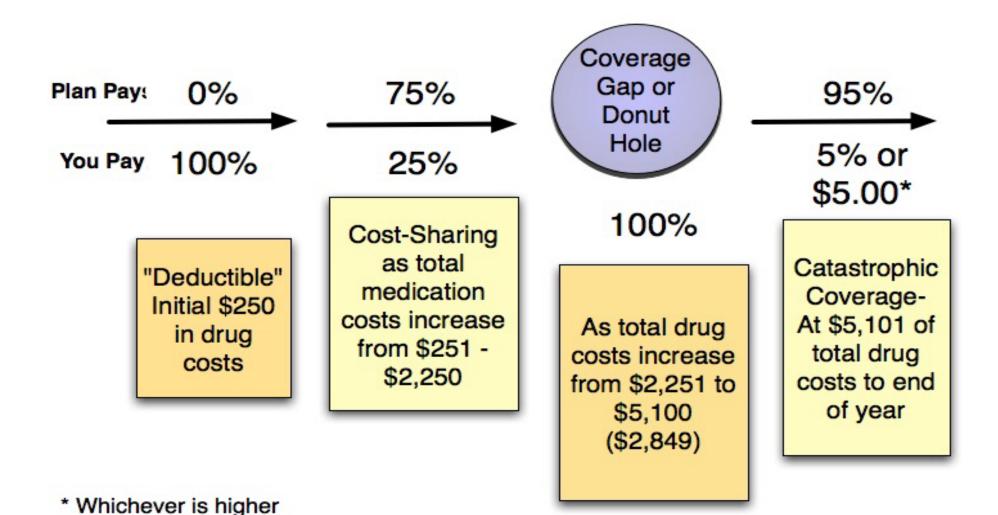
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 - Extra Help
 - Cost share
- Convenience
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Consideration: Cost

"Extra Help"

- "Extra Help" is a term used to describe a financial subsidy.
- Duals <u>automatically</u> get full subsidy or "extra help." (Income & assets are not reviewed).
 - Beneficiaries should have received a letter in May/June informing them of automatic status for "extra help."
- Others must apply for the subsidy.

Standard Benefit Beginning January 1, 2006



"Dual" Benefit Beginning January 1, 2006





Duals Only Pay:

If Income is Below 100% Fed Poverty Limits (FPL): \$1.00 for Generic Drugs \$3.00 for Brand Name Drugs

> If Income is Above 100% FPL: \$2.00 for Generic Drugs \$5.00 for Brand Name

No Co-pays after \$3,800 out of pocket

"Extra Help" - Non-Duals

- People on Medicare ONLY, may still be eligible for "extra help".
- Income and assets levels will be considered.
- Non-duals MUST APPLY for the subsidy.
- Applications can be made at any time, at any Social Security office.

MassHealth/CommonHealth

- 1. Provides MassHealth Standard benefits to people with disabilities who are:
 - a. Working and Non-Working
 - Working: 40 hours per month; pay premiums based on income.
 - Non-Working: Accrue one-time deductible (Spend Down)
- 2. Can put a person with NO subsidy eligibility into "dual eligible" category.
- 3. Apply at any MassHealth Enrollment Center.

Types of Plans

- Insurance Companies may offer 2 types of plans you can choose from:
 - Standard or "Benchmark"
 - Enhanced
- Premiums differ depending on the plan
- "Extra help" subsidy may not cover all premiums

Limits of Extra Help

- Subsidies apply to The Standard, or "Benchmark" plan: \$30.27 premium.
 - For higher cost plans, you pay the difference between the benchmark amount and premium for the plan.

Plan Name	Premium	Duals Pay:
PacifiCare Saver Plan	\$22.04	\$00
Sterling Plus RX	\$56.30 (-30.27 =) \$26.03	

Limits of Extra Help: 2

- Companies may also offer "enhanced" plans.
 - Subsidy applies to <u>basic plan ONLY WHEN</u> both are below 'benchmark' cost.
 - For the 'enhanced' plan, you pay the difference in premium costs of the two plans.

Plan Name - Coventry	Premium	Duals Pay:
AdvantraRX Value	\$19.35	\$00
AdvantraRX Premier	\$29.74* (-19.35 =) \$10.39	

*Below \$30.27 Benchmark

Formulary Costs

- <u>Medication costs</u> Formularies outline drug costs in a variety of ways:
 - "Co-Insurance" Tier Consumer responsibility for percentage of drug cost, increases at each tier level.
 - "Co-Pay" Tier Each tier requires a higher co-pay (e.g. \$10/\$20/\$30).
- Those with full subsidy including duals, pay between \$1 and \$5 regardless of the formulary design.

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Consideration: Convenience

- Drug Plan pharmacy networks
 - Prescription drug plans will utilize specific pharmacies and pharmacy networks.
 - Check to see if the plan you choose works with your pharmacy.
 - May use "out of network" pharmacies in certain circumstances, e.g. traveling.

Enrollment and Auto-enrollment

- Dual Eligibles Automatic Enrollment
 - Notification of assigned plan will a advise person that he/she will be enrolled on January 1st if the person hasn't already enrolled in another plan.
- Random Assignment
 - Auto-enrollment is not personalized, and may not match your needs!
 - Evaluate plans and enroll in the plan that best meets your personal needs.
- Auto-enrollment should be viewed as a "<u>safety</u> net" only.

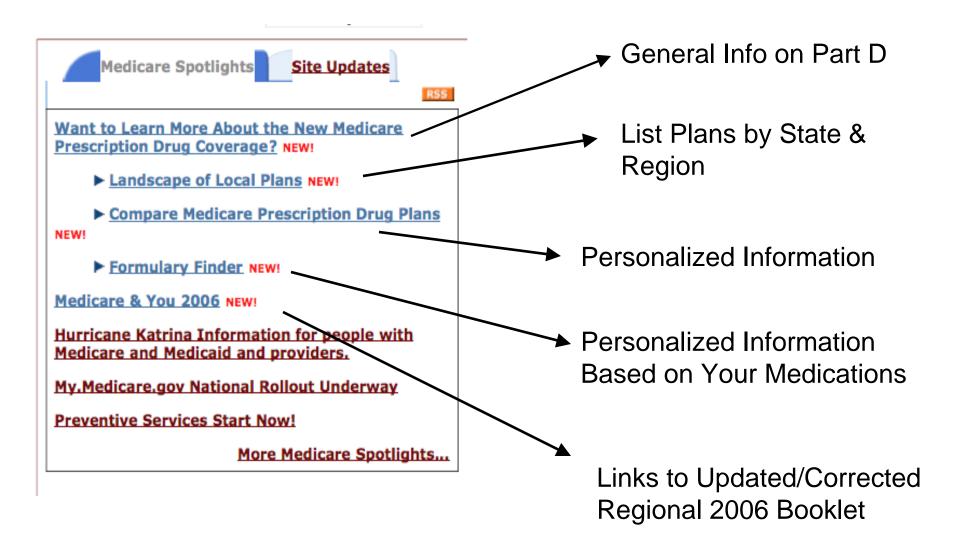
How to Enroll

- Check the Medicare webpage to:
 - Go to www.medicare.gov
 - Select plans in your area
 - Select plans by formulary
- Clarify medication, cost, and enrollment information with the plan itself.
- Enroll online on the Medicare website, on the Plan's website, or by phone.

What You Will Need to Research Plans

- A list of your medications
 - What your medication is taken for
 - -The dosage
 - How often you take it
 - Generic or brand name
 - Off-label, are there alternatives?
- Your Medicare number
- Date of Birth
- Effective date of either Medicare A or B
- Zip Code

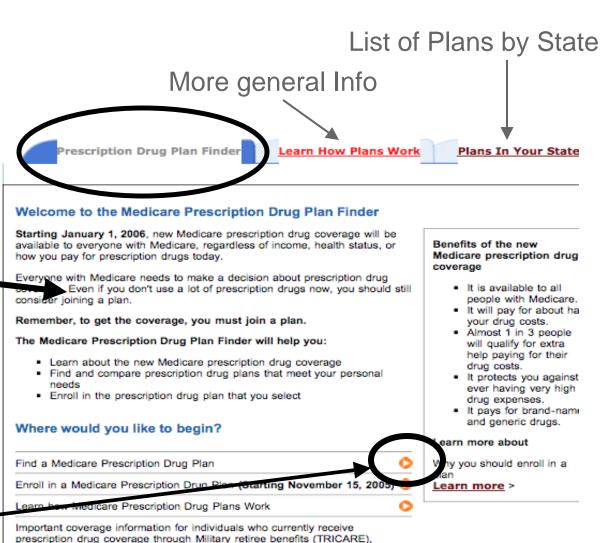
www.medicare.gov Homepage



What You'll See....

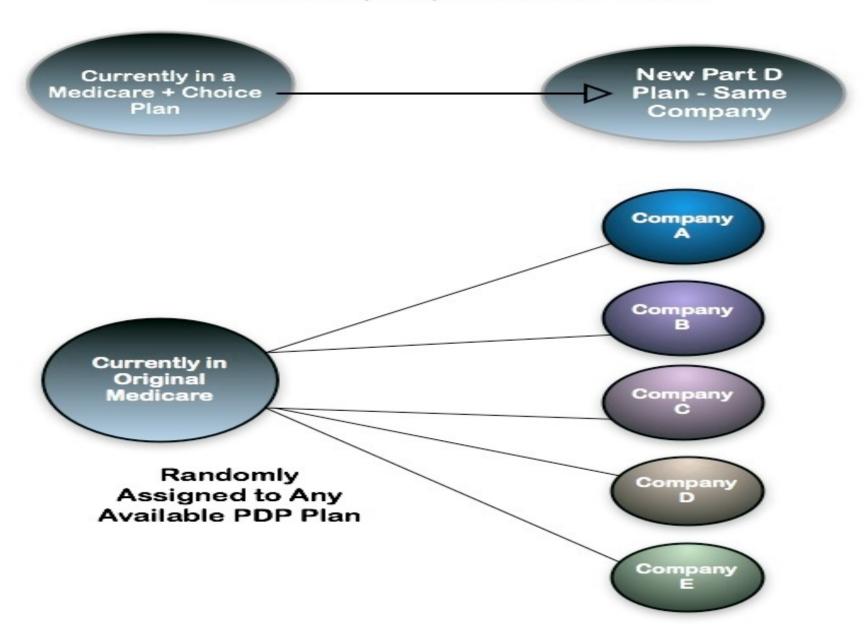


Personalized Information



Veteran benefits (VA), or Federal employee retiree benefits (FEHBP)

Automatic (Auto) Enrollment Process



"What do I do if...?" Exceptions & Appeals

- You may request an "exception" if:
 - Your medication has been removed from the formulary;
 - You are prescribed a non-formulary drug that is medically necessary;
 - The cost-sharing status of a drug you are using changes;
 - A drug covered under a more expensive cost-sharing tier is prescribed because the drug covered under the less expensive cost-sharing tier is medically inappropriate (does not apply to those with full subsidy).

Exceptions & Appeals

- Facilitates access to medications:
 - That are medically necessary
 - That are Medicare covered
- Provides a process to obtain medications:
 - At a more favorable cost-sharing level
 - Not on the formulary or being removed from formulary
- Exception process can be expedited
 - 24 hours for initial decision

Getting Ready to Enroll

- ✓ Gather personal information
 - "My Medications" List all medications, dose, etc.
- ✓ Compare plans
 - See www.medicare.gov to Compare Drug Plans
 - Confirm information with Private Part D Plans
- ✓ Choose a Plan
 - Decide which plan has the medications you need, with a cost you can afford, and a pharmacy near you.
- ✓ Enroll online or contact the Plan directly.

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